



Ministry of Education
Youth and Information

Daily Learning Schedule of EE- COVID 19

The schedule below is based on RJR Communications Group offer of CSEC and CAPE - 9am – noon (repeated 1am – 4am)

Grades 10 - 11

TIME	ACTIVITIES
Before 8:00 a.m.	RISE AND SHINE, BREAKFAST,
8:00 – 9:00	Getting Ready For The Day (Devotions /Exploring Values & Attitudes/ Exercise) Preparation and submission of personal learning plan for the day
9:00 - 10:00	TV Time- Viewing Educational Programme/SBA/Personal Study Time
10:00 - 11:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
11:00 - 11:15	BREAK
11:15 - 12:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
12:00 – 1:00 pm	LUNCH & OUTDOOR ACTIVITY - Jogging, Running, Walking, Throwing Hoops, Aerobics
1:00 - 2:00	Academic Time: Assigned School Activities /SBA/Personal Study Time
2:00 - 3:00	Academic Time: Assigned School Activities/SBA/Personal Study Time
3:00- 4:30	Assessment Focus: Preparation and/or engagement in Assessment Tasks (SBA review, Project review, Portfolio review, Online Testing/Assessment activities, responding to feedback etc.)
4:30 - 5:00	Chores (connecting learning to household activities)
5:00 - 6:00	Academic Brain Teasers- Tablets, computer games- electronic educational games, Crossword, Find A Word, Puzzles
6:00 - 7:00	DINNER and Reflective talk
7:00 – 8:00	Connecting with peers/support (share updates on day's achievement/reaching out?)
8:00 +	Free time/retire/+



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